

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1</p> <p>Chair Exercises Daily Chronicles + Snack Puzzles Balloon Volleyball Poetry + Snack Jeopardy</p> <p>Canada Day</p>	<p>2</p> <p>Sit & Be Fit Daily Chronicles + Snack Coloring The Beat Of The Drums Short Story + Snack Table Activities</p>	<p>3</p> <p>Chair Yoga Daily Chronicles + Snack Craft Corner Karaoke Music + Snack Jeopardy</p>	<p>4</p> <p>Chair Exercise Daily Chronicles + Snack Puzzles Independence History Sing-A-Long + Snack Movie + Popcorn</p> <p>Independence Day (U.S.)</p>
<p>5</p> <p>Seated Stretches Virtual Church Service Snack & Hydration Walking Club Music + Snack Movie</p>	<p>6</p> <p>Sit & Be Fit Daily Chronicles + Snack Coloring The Beat of the drums Short Story + Snack Table Activities</p>	<p>7</p> <p>Chair Yoga Daily Chronicle + Snack Table Activities Karaoke Music + Snack Movie Matinee & Popcorn</p>	<p>8</p> <p>Chair Exercise Daily Chronicles + Snack Puzzles Balloon Volleyball Poetry + Snack Jeopardy</p>	<p>9</p> <p>Sit & Be Fit Daily Chronicles + Snack Coloring The Beat of the Drums Short Story + Snack Table Activities</p>	<p>10</p> <p>Chair Yoga Daily Chronicles + Snack Craft Corner Karaoke Music + Snack Jeopardy</p>	<p>11</p> <p>Chair Exercise Daily Chronicles + Snack Puzzles Balloon Volleyball Sing-A- Long + Snack Movie Matinee & Popcorn</p>
<p>12</p> <p>Seated Stretches Virtual Church Service Snack & Hydration Walking Clubs Music + Snack Movie</p>	<p>13</p> <p>Sit & Be Fit Daily Chronicles + Snack Coloring The beat of the drums Short Story + Snack Table Activities</p>	<p>14</p> <p>Chair Yoga Daily Chronicles + Snack Table Activities Karaoke Music + Snack Movie Matinee & Popcorn</p> <p>Bastille Day</p>	<p>15</p> <p>Chair Exercises Daily Chronicles + Snack Puzzles Balloon Volleyball Poetry + Snacks Jeopardy</p>	<p>16</p> <p>Sit & Be Fit Daily Chronicles + Snack Coloring The beat of the drums Short Story + Snack Table Activities</p> <p>HAPPY BIRTHDAY ROY Y</p>	<p>17</p> <p>Chair Yoga Daily Chronicles + Snack Craft Corner Karaoke Music + Snack Jeopardy</p>	<p>18</p> <p>Chair Exercise Daily Chronicles + Snack Puzzles Balloon Volleyball Sing-A-Long + Snack Movie Matinee & Popcorn</p>
<p>19</p> <p>Seated Stretches Virtual Church Services Snack & Hydration Walking Club Music + Snack Movie</p>	<p>20</p> <p>Sit & Be Fit Daily Chronicles + Snack Coloring The beat of the drums Short Story + Snack Table Activities</p> <p>HAPPY BIRTHDAY HAYDEE W</p>	<p>21</p> <p>Chair Yoga Daily Chronicles + Snack Table Activities Karaoke Music + Snack Movie Matinee & Popcorn</p>	<p>22</p> <p>Chair Exercise Daily Chronicle + Snack Puzzles Balloon Volleyball Poetry + Snack Jeopardy</p>	<p>23</p> <p>Sit & Be Fit Daily Chronicles + Snack Coloring The beat of the drums Short Story + Snack Table Activities</p>	<p>24</p> <p>Chair Yoga Daily Chronicles + Snack Craft Corner Karaoke Music + Snack Jeopardy</p>	<p>25</p> <p>Chair Exercises Daily Chronicles + Snack Puzzles Balloon Volleyball Sing-A-Long + Snack Movie Matinee & Popcorn</p>
<p>26</p> <p>Seated Stretches Virtual Church Services Snack & Hydration Walking Club Music + Snack Movie</p>	<p>27</p> <p>Sit & Be Fit Daily Chronicles + Snack Coloring The beat of the drums Short Story + Snack Table Activities</p>	<p>28</p> <p>Chair Yoga Daily Chronicles + Snacks Table Activities Karaoke Music + Snack Movie Matinee & Popcorn</p>	<p>29</p> <p>Chair Exercise Daily Chronicles + Snacks Puzzles Balloon Volleyball Poetry + Snack Jeopardy</p>	<p>30</p> <p>Sit & Be Fit Daily Chronicles + Snack Coloring The beat of the drums Short Story + Snack Table Activities</p>	<p>31</p> <p>Chair Yoga Daily Chronicles + Snack Craft Corner Karaoke Music + Snack Jeopardy</p>	