April 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Sit & Fit Daily Chronicle & Snack Balloon Volleyball Funny Story Social Easter Fun Videos & Snack Table Games All Fools' Day Passover Begins	2 Chair Zumba Daily Chronicle & Snack Verse of the Week Balloon Volleyball Puzzle Corner & Snack Trivia	3 Chair Yoga Daily Chronicle & Snack Bingo Sing-a-long Armchair Travels & Snack Trivia	4 Morning Stretch Daily Chronicle & Snack Finish the Phrase Music Appreciation Name 10 & Snack Short Stories
5 Chair Exercise Daily Chronicle & Snack Easter Coloring/Card Making Music Appreciation Too Cute Animals & Snack Memories in the making Easter Sunday	6 Morning Stretch Daily Chronicle & Snack Cranium Crunches Ring Toss Name 10 & Snack Finish the Phrase	7 Chair Yoga Daily Chronicle & Snack Garden Club Sing-a-long Armchair Travel & Snack Who, What, Where	8 Sit & Fit Daily Chronicle & Snack Balloon Volleyball Monthly Gazette Easter Fun Videos & Snack Table Games	9 Chair Zumba Daily Chronicle & Snack Verse of the Week Balloon Volleyball Puzzle Corner & Snack Trivia	10 Chair Yoga Daily Chronicle & Snack Bingo Sing-a-long Armchair Travels & Snack Trivia	11 Morning Stretch Daily Chronicle & Snack Finish the Phrase Music Appreciation Name 10 & Snack Short Stories
12 Chair Exercise Daily Chronicle & Snack Inspirational Art Music Appreciation Too Cute Animals & Snack Memories in the making	13 Morning Stretch Daily Chronicle & Snack Cranium Crunches Ring Toss Name 10 & Snack Finish the Phrase	14 Chair Yoga Daily Chronicle & Snack Garden Club Sing-a-long Armchair Travel & Snack Who, What, Where	15 Sit & Fit Daily Chronicle & Snack Balloon Volleyball Monthly Gazette Easter Fun Videos & Snack Table Games	16 Chair Zumba Daily Chronicle & Snack Verse of the Week Balloon Volleyball Puzzle Corner & Snack Trivia	17 Chair Yoga Daily Chronicle & Snack Bingo Sing-a-long Armchair Travels & Snack Trivia	18 Morning Stretch Daily Chronicle & Snack Finish the Phrase Music Appreciation Name 10 & Snack Short Stories
19 Chair Exercise Daily Chronicle & Snack Inspirational Art Music Appreciation Too Cute Animals & Snack Memories in the making	20 Morning Stretch Daily Chronicle & Snack Cranium Crunches Ring Toss Name 10 & Snack Finish the Phrase	21 Chair Yoga Daily Chronicle & Snack Garden Club Sing-a-long Armchair Travel & Snack Who, What, Where	22 Sit & Fit Daily Chronicle & Snack Balloon Volleyball Monthly Gazette Earth Day Events & Snack Seed Sorting Earth Day Administrative Professionals Day	23 Chair Zumba Daily Chronicle & Snack Verse of the Week Balloon Volleyball Puzzle Corner & Snack Trivia	24 Chair Yoga Daily Chronicle & Snack Bingo Sing-a-long Armchair Travels & Snack Arbor Day History Arbor Day	25 Morning Stretch Daily Chronicle & Snack Finish the Phrase Music Appreciation Name 10 & Snack Short Stories
26 Chair Exercise Daily Chronicle & Snack Inspirational Art Music Appreciation Too Cute Animals & Snack Memories in the making	27 Morning Stretch Daily Chronicle & Snack Cranium Crunches Ring Toss Name 10 & Snack Finish the Phrase	28 Chair Yoga Daily Chronicle & Snack Garden Club Sing-a-long Armchair Travel & Snack Who, What, Where	29 Sit & Fit Daily Chronicle & Snack Balloon Volleyball Monthly Gazette Easter Fun Videos & Snack Table Games	30 Chair Zumba Daily Chronicle & Snack Verse of the Week Balloon Volleyball Puzzle Corner & Snack Trivia	APRIL BIRTHDAYS RENA H. 4/4 ANGELINA C. 4/1	

Brookside Memory Care