

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2025



1
 9:30 Chair Fitness
 10:00 Daily Chronicle and Snack
 11:00 Balloon Volleyball
 1:30 Trivia
 2:00 Comedy Corner
 3:00 Tabletop Games

2
 9:30 Guided Movements
 10:00 Daily Chronicle and Snack
 11:00 Sing-a-long
 1:30 Armchair Travels
 2:00 Movie and Snacks
 3:00 Puzzles and Coloring

3
 9:30 Chair Stretches
 10:00 Daily Chronicle and Snack
 11:00 Irish History
 1:30 Music Appreciation
 2:00 Big Scrabble & Snack
 3:00 Riddle-Me-This

4
 9:30 Chair Yoga
 10:00 Daily Chronicle and Snack
 11:00 Traveling to Ireland
 1:30 Pictionary Game
 2:00 Book Club & Snack
 3:00 Bingo

 Mardi Gras

5
 9:30 Chair Stretches
 10:00 Daily Chronicle and Snack
 11:00 Irish River Dance History
 1:30 Jeopardy Game
 2:00 Kindness 101 Club & Snack
 3:00 Garden Discussion

6
 9:30 Chair Yoga
 10:00 Daily Chronicle and Snack
 11:00 Sing-a-long
 1:30 Bowling
 2:00 **Accordionist Entertainment w/Joe & Snack**
 3:00 National Geographic

7
 9:30 Chair Stretches
 10:00 Daily Chronicle and Snack
 11:00 Parachute Teamwork
 1:30 Family Feud
 2:00 Music Appreciation & Snack
 3:00 Story Time

8
 9:30 Guided Movements
 10:00 Daily Chronicle and Snack
 11:00 Sing-a-long
 1:30 Armchair Travels
 2:00 Movie and Snacks
 3:00 Puzzles and Coloring

9
 9:30 Chair Fitness
 10:00 Daily Chronicle and Snack
 11:00 Balloon Volleyball
 1:30 Trivia
 2:00 Comedy Corner
 3:00 Tabletop Games

 Daylight Saving Time Begins

10
 9:30 Chair Yoga
 10:00 Daily Chronicle and Snack
 11:00 Learning Irish
 1:30 Who, What, Where
 2:00 The Price is Right & Snack
 3:00 Memories in the Making

11
 9:30 Chair Stretches
 10:00 Daily Chronicle and Snack
 11:00 Irish History
 1:30 Music Appreciation
 2:00 Big Scrabble
 3:00 Riddle-Me-This

12
 9:30 Chair Yoga
 10:00 Daily Chronicle and Snack
 11:00 Traveling to Ireland
 1:30 Pictionary Game
 2:00 Book Club & Snack
 3:00 Bingo

13
 9:30 Chair Stretches
 10:00 Daily Chronicle and Snack
 11:00 Irish River Dance History
 1:30 Jeopardy Game
 2:00 Kindness 101 Club & Snack
 3:00 Garden Discussion

 Purim Begins

14
 9:30 Chair Yoga
 10:00 Daily Chronicle and Snack
 11:00 Sing-a-long
 1:30 Bowling
 2:00 Cranium Crunches & Snack
 3:00 National Geographic

15
 9:30 Chair Fitness
 10:00 Daily Chronicle and Snack
 11:00 Balloon Volleyball
 1:30 Trivia
 2:00 Comedy Corner
 3:00 Tabletop Games

16
 9:30 Seated Stretches
 10:00 Daily Chronicle and Snack
 11:00 Sing-a-long
 1:30 Armchair Travels
 2:00 Movie and Snacks
 3:00 Puzzles and Coloring

17
 9:30 Chair Yoga
 10:00 Daily Chronicle and Snack
 10:30 **Freddie Prez Entertainment**
 1:30 Ring Toss
 2:00 Socializing & Snack
 3:00 Crafter's Corner

 St. Patrick's Day

18
 9:30 Chair Yoga
 10:00 Daily Chronicle and Snack
 11:00 Sack Toss
 1:30 Who, What, Where
 2:00 The Price is Right & Snack
 3:00 Memories in the Making

19
 9:30 Chair Stretches
 10:00 Daily Chronicle and Snack
 11:00 Irish History
 1:30 Music Appreciation
 2:00 Big Scrabble
 3:00 Riddle-Me-This

20
 9:30 Chair Yoga
 10:00 Daily Chronicle and Snack
 11:00 Traveling to Ireland
 1:30 Pictionary Game
 2:00 Book Club & Snack
 3:00 Bingo

 Spring Begins

21
 9:30 Chair Stretches
 10:00 Daily Chronicle and Snack
 11:00 Irish River Dance History
 1:30 Jeopardy Game
 2:00 Kindness 101 Club & Snack
 3:00 Garden Discussion

22
 9:30 Seated Stretches
 10:00 Daily Chronicle and Snack
 11:00 Sing-a-long
 1:30 Armchair Travels
 2:00 Movie and Snacks
 3:00 Puzzles and Coloring

23
 9:30 Chair Fitness
 10:00 Daily Chronicle and Snack
 11:00 Balloon Volleyball
 1:30 Trivia
 2:00 Comedy Corner
 3:00 Tabletop Games

24
 9:30 Chair Stretches
 10:00 Daily Chronicle and Snack
 11:00 Irish River Dance History
 1:30 Jeopardy Game
 2:00 Kindness 101 Club & Snack
 3:00 Garden Discussion

25
 9:30 Chair Yoga
 10:00 Daily Chronicle and Snack
 11:00 Sing-a-long
 1:30 Bowling
 2:00 Cranium Crunches & Snack
 3:00 National Geographic

26
 9:30 Chair Yoga
 10:00 Daily Chronicle and Snack
 11:00 Sack Toss
 1:30 Who, What, Where
 2:00 The Price is Right & Snack
 3:00 Memories in the Making

27
 9:30 Chair Stretches
 10:00 Daily Chronicle and Snack
 11:00 Irish History
 1:30 Music Appreciation
 2:00 Big Scrabble
 3:00 Riddle-Me-This

28
 9:30 Chair Yoga
 10:00 Daily Chronicle and Snack
 11:00 Traveling to Ireland
 1:30 Pictionary Game
 2:00 Book Club & Snack
 3:00 Bingo

29
 9:30 Chair Fitness
 10:00 Daily Chronicle and Snack
 11:00 Balloon Volleyball
 1:30 Trivia
 2:00 Comedy Corner
 3:00 Tabletop Games

30
 9:30 Seated Stretches
 10:00 Daily Chronicle and Snack
 11:00 Sing-a-long
 1:30 Armchair Travels
 2:00 Movie and Snacks
 3:00 Puzzles and Coloring

31
 9:30 Chair Yoga
 10:00 Daily Chronicle and Snack
 11:00 Sack Toss
 1:30 Who, What, Where
 2:00 The Price is Right & Snack
 3:00 Memories in the Making

Birthdays!
 Harvey 3/9
 Greg 3/16
 Jean 3/17
 Pam 3/24

Type the name, address, and other information about your community/company here.