


BROOKSIDE MEMORY CARE SEPTEMBER 2020



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LOCATION ABBREVIATIONS AR: ACTIVITY ROOM EP: EAST PATIO TVR: MAIN TV ROOM DR: DINING ROOM PDR: PRIVATE DINING ROOM WP: WEST PATIO	HAPPY BIRTHDAY TO: BRITNEY 9-06 SUSAN COLBURN 9-17 LEANNE 9-23 DAVID TAPIA 9-25 	1 10:30 THIS DAY IN HISTORY (AR) 11:00 REMINISCE (AR) 11:30 BALLOON VOLLEYBALL (AR) 2:30 SMALL GROUP BAKING SQUARE (AR) 3:00 SMALL GROUP BINGO (AR) 4:00 DESSERT SMALL SOCIAL (AR)	2 10:30 KICK BALL (AR) 11:00 X'S & O'S TOSS (AR) 1:30 MOVIE MATINEE & SNACK (TVR) 2:30 Steel Guitar Performance By: Dom Franco (WP) 3:30 ICE CREAM SOCIAL (AR)	3 10:15 MORNING WALK 10:30 SMALL GROUP STRETCH (AR) 11:00 REFRESHMENTS (EP) 2:00 NAIL SPA 3:15 PARACHUTE EXERCISE (AR) 3:45 BRAIN WAVE (AR) 4:00 QUENCH OUR THIRSTS (AR)	4 10:15 SMALL GROUP OCTOBAND (AR) 11:00 SINGING CIRCLE (AR) & REFRESHMENTS (EP) 2:30 MEN'S SPA 3:00 ART COLORING (AR) 4:00 SNOW CONES (AR)	5 10:00 DOMINOS (AR) 10:30 COLORING (AR) 11:00 SMALL GROUP BINGO (PDR) 1:30 MOVIE MATINEE (BOTH TR) 2:00 ONE ON ONE 3:00 MEN'S SPA 4:00 REFRESHMENT DELIVERY
6 10:30 KICK BALL (AR) 11:00 X'S & O'S TOSS (AR) 1:30 MOVIE MATINEE & SNACK (TVR) 2:30 NAIL SPA (AR) 3:00 BINGO (AR) 3:45 ICE CREAM SOCIAL (AR) WHO AM I?	7 10:15 MORNING STRETCH 1ST GROUP (AR) 10:45 SMALL GROUP PUZZLES (PDR) 11:00 MORNING STRETCH 2ND GROUP (AR) 11:30 REMINISCE (DR) 2:00 WORD SCRABBLE (DR) 3:30 REFRESHMENTS DELIVERY (DR) 3:15 BINGO (PDR)	8 10:15 MORNING WALK 10:30 SMALL GROUP STRETCH (AR) 11:00 REFRESHMENTS (EP) 2:00 NAIL SPA 3:15 PARACHUTE EXERCISE (AR) 3:45 BRAIN WAVE (AR) 4:00 QUENCH OUR THIRSTS (AR)	9 10:15 MORNING YOGA (AR) 10:30 BANDERCISE (AR) 11:15 BINGO (AR) 2:00 NAIL SPA (AR) 3:15 NOODLE BALL (AR) 4:00 GUESS THAT SOUND? (AR)	10 10:30 THIS DAY IN HISTORY (AR) 11:00 REMINISCE (AR) 11:30 BALLOON VOLLEYBALL (AR) 2:30 SMALL GROUP BAKING SQUARE (AR) 3:00 SMALL GROUP BINGO (AR) 4:00 DESSERT SMALL SOCIAL (AR)	11 10:30 THIS DAY IN HISTORY (AR) 11:00 REMINISCE (AR) 11:30 BALLOON VOLLEYBALL (AR) 2:30 SMALL GROUP BAKING SQUARE (AR) 3:00 SMALL GROUP BINGO (AR) 4:00 DESSERT SMALL SOCIAL (AR)	12 10:30 KICK BALL (AR) 11:00 X'S & O'S TOSS (AR) 1:30 MOVIE MATINEE & SNACK (TVR) 2:30 NAIL SPA (AR) 3:00 BINGO (AR) 3:45 ICE CREAM SOCIAL (AR)
13 10:15 SMALL GROUP OCTOSTRETCH (AR) 11:00 KAREOKE GROUP & REFRESHMENTS (PDR) 1:30 MOVIE MATINEE (TR) 2:30 MEN'S SPA 3:00 ARTS & CRAFT (AR)	14 10:30 THIS DAY IN HISTORY (AR) 11:00 REMINISCE (AR) 11:30 BALLOON VOLLEYBALL (AR) 2:30 SMALL GROUP BAKING SQUARE (AR) 3:00 SMALL GROUP BINGO (AR) 4:00 DESSERT SMALL SOCIAL (AR)	15 10:30 KICK BALL (AR) 11:00 X'S & O'S TOSS (AR) 1:30 MOVIE MATINEE & SNACK (TVR) 2:30 NAIL SPA (AR) 3:00 BINGO (AR) 3:45 ICE CREAM SOCIAL (AR)	16 10:00 DOMINOS (AR) 10:30 COLORING (AR) 11:00 SMALL GROUP BINGO (PDR) 1:30 MOVIE MATINEE (BOTH TR) 2:00 ONE ON ONE 3:00 MEN'S SPA 4:00 REFRESHMENT DELIVERY	17 10:15 SMALL GROUP OCTOBAND (AR) 11:00 SINGING CIRCLE (AR) & REFRESHMENTS (EP) 3:00 Accordion Performance By: Joe Szabo 4:00 SNOW CONES (AR)	18 10:15 MORNING WALK 10:30 SMALL GROUP STRETCH (AR) 11:00 REFRESHMENTS (EP) 2:00 NAIL SPA 3:15 PARACHUTE EXERCISE (AR) 3:45 BRAIN WAVE (AR) 4:00 QUENCH OUR THIRSTS (AR)	19 10:15 SMALL GROUP OCTOSTRETCH (AR) 11:00 KAREOKE GROUP & REFRESHMENTS (PDR) 1:30 MOVIE MATINEE (TR) 2:30 MEN'S SPA 3:00 ARTS & CRAFT (AR) 4:00 HOT COCOA
20 10:00 DOMINOS (AR) 10:30 COLORING (AR) 11:00 SMALL GROUP BINGO (PDR) 1:30 MOVIE MATINEE (BOTH TR) 2:00 ONE ON ONE 3:00 MEN'S SPA 4:00 REFRESHMENT DELIVERY	21 10:15 MORNING WALK 10:30 SMALL GROUP STRETCH (AR) 11:00 REFRESHMENTS (EP) 2:00 NAIL SPA 3:15 PARACHUTE EXERCISE (AR) 3:45 BRAIN WAVE (AR) 4:00 QUENCH OUR THIRSTS (AR)	22 10:15 SMALL GROUP OCTOSTRETCH (AR) 11:00 KAREOKE GROUP & REFRESHMENTS (PDR) 1:30 MOVIE MATINEE (TR) 2:30 MEN'S SPA 3:00 ARTS & CRAFT (AR) 4:00 HOT COCOA	23 10:15 MORNING YOGA (AR) 10:30 BANDERCISE (AR) 11:15 BINGO (AR) 2:00 NAIL SPA (AR) 3:15 NOODLE BALL (AR) 4:00 GUESS THAT SOUND? (AR)	24 10:30 THIS DAY IN HISTORY (AR) 11:00 REMINISCE (AR) 11:30 BALLOON VOLLEYBALL (AR) 2:30 SMALL GROUP BAKING SQUARE (AR) 3:00 SMALL GROUP BINGO (AR) 4:00 DESSERT SMALL SOCIAL (AR)	25 10:30 KICK BALL (AR) 11:00 X'S & O'S TOSS (AR) 1:30 MOVIE MATINEE & SNACK (TVR) 2:30 NAIL SPA (AR) 3:00 BINGO (AR) 3:45 ICE CREAM SOCIAL (AR)	26 10:30 SMALL GROUP GAMES (AR) 11:00 REFRESHMENTS & SNACK DELIVERY 1:30 MOVIE MATINEE & POPCORN (BOTH TR) 2:30 NAIL SPA 3:00 SMALL COLORING GROUP
27 10:30 THIS DAY IN HISTORY (AR) 11:00 REMINISCE (AR) 11:30 BALLOON VOLLEYBALL (AR) 2:30 SMALL GROUP BAKING SQUARE (AR) 3:00 SMALL GROUP BINGO (AR) 4:00 DESSERT SMALL SOCIAL (AR)	28 10:15 SMALL GROUP OCTOBAND (AR) 11:00 SINGING CIRCLE (AR) & REFRESHMENTS (EP) 2:30 MEN'S SPA 3:00 ART COLORING (AR) 4:00 SNOW CONES (AR)	29 10:30 KICK BALL (AR) 11:00 X'S & O'S TOSS (AR) 1:30 MOVIE MATINEE & SNACK (TVR) 2:30 NAIL SPA (AR) 3:00 BINGO (AR) 3:45 ICE CREAM SOCIAL (AR)	30 10:30 SMALL GROUP GAMES (AR) 11:00 REFRESHMENTS & SNACK DELIVERY 1:30 MOVIE MATINEE & POPCORN (BOTH TR) 2:30 NAIL SPA 3:00 SMALL COLORING GROUP	31 10:15 MORNING WALK 10:30 SMALL GROUP STRETCH (AR) 11:00 REFRESHMENTS (EP) 2:00 NAIL SPA 3:15 PARACHUTE EXERCISE (AR) 3:45 BRAIN WAVE (AR) 4:00 QUENCH OUR THIRSTS (AR)	Definitions EXERCISE: MORNING STRETCH, RISE & SHINE, AFTERNOON STRETCH, BALLOON VOLLEY BALL, YOGA KICK BALL, SCARF EXERCISE, NOODLE BALL, PARACHUTE EXERCISE, WALKS, GROUP OCTOSTRETCH, MINI BALL EXERCISE, BANDERCISE SPIRITUAL: DEVOTIONS, BIBLE STUDY COGNITIVE: BINGO, TABLE SCRABBLE BRAIN WAVE, THIS DAY IN HISTORY, REMINISCE, PUZZLING, TRIVIA GAMES MUSIC: SING ALONG, NAME THAT TUNE, SINGING CIRCLE, RHYTHM CIRCLE SENSORY: NAIL SPA, BAKING SQUARE, ICE CREAM SOCIAL, GARDENING, COFFEE & TEA, REFRESHMENTS THERAPEUTIC: PET THERAPY, ELDER GROW, MUSIC THERAPY CREATIVE ART: PAINTING, ARTS & CRAFT, ART COLORING, WATER COLORING, ART SOCIAL: SING ALONG, BIRTHDAY PARTIES, THEMED DINNERS, HOLIDAY EVENTS, HAPPY HOUR, MOVIE MATINEE SNACK TIME, WOMEN'S TEA, MEET & GREET, MEN'S SOCIAL, BALLING AROUND ENTERTAINMENT & SPECIAL EVENTS: ACCORDION, PIANO, STEEL GUITAR, MONTHLY B-DAY PARTIES ETC....	

