

Welcome Home



BROOKSIDE
Memory Care

Our Story

Who We Are

1983

Every good thing begins with a vision and our vision was born in 1983 when my parents immigrated to the united states with eight children and nine suitcases.

In 1985, my mother, Elena, applied her nursing background and her compassionate, nurturing character to establish her first Adult Care Home.

Not knowing much English, her opportunities were limited but her heart for helping others was not.

This is the story of an American dream at its best.

2019

The love, care, and compassion shown over the course of 24 years of caregiving from my mother is what inspired my wife and I to take her dream and further it.

Our Core Values

Dignity

“Our mission is to preserve the dignity of each resident and their family through knowledge of their past and freedom to live out their current values”

Integrity

“Our home is built on trust through patient-centered care that is inclusive and sincere”

Respect

“This family embraces all cultures, religions and beliefs. Our residents, their colleagues and our team treat every voice equally”

Compassion and Commitment

“We seek to understand, to ask meaningful questions and to find solutions that promote both autonomy and community”

Honest and Open Communication

“This environment is a place of collaboration, a space for ideas and a place to bring suggestions as we work together to meet all needs”

“**COLOSSIANS**

3:23

“Whatever you do, work at it with all your heart, as if for working for the lord”

Guidance and Support

Questions and Concerns You May Have:

Is nursing a part of Memory Care?

Due to the unique considerations involved in caring for those with memory impairments, a strong clinical aspect plays a vital role.

Does Memory Care include medication management?

Proper timing and dosages of medication are vital to memory care. Our nurse works hand-in-hand with the pharmacists to continually review medication regimens.

Is it better to live at home with dementia?

Each individual's situation is unique, but as the disease progresses and care concerns become more complex, a full-time setting can provide a better, less-stressful experience to both the individual and their loved ones.

Is a private or companion room better for someone with dementia?

While autonomy and privacy are very important, experience has shown us that companionship is very important for people living with dementia.



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How to Navigate this Process

Navigating this journey is new and with all new things, a little guidance goes a long way. Here is a road map to help get us started

○ Meet and Greet

Let's get to know each other! We always encourage touring our home, meeting our family and asking questions. Our family is built on relationships and we believe those start long before you move in.

○ Understanding the Whole Story

Our evaluation process dives deep to truly understand the life our residents have lived. Through a dimensional approach, we design a care plan tailored to each specific need. Our goal is to build a home full of various cultures and backgrounds with many stories and talents to contribute.

○ Meeting Your Needs

From our evaluation, the clinical staff will build a living, breathing service plan that highlights each individual need and is developed to promote autonomy and integrity. Patient-centered care is a collaborative, engaging process for our team, residents, community support and you.

○ Becoming Part of Our Home

Our waiting list is a great place to start, while a deposit will ensure that this becomes your home and we become family. You can place a deposit at any time.

○ Settling into the Family

Within the first 30 days our clinical team will continue to perfect the service plan and evaluate need. We encourage everyone to be part of this process.

Our Philosophy

A Unique Plan for Everyone

The care provided to those with dementia is individualized and reflects the individual's concerns, life history, meaning, relationships, emotions, thoughts, current needs, strengths, and preferences.

- Care of a person with dementia should demonstrate compassion and concern for the individual.
- Individualized and community-based activities should be directed at enriching the lives of each individual through meaningful interaction and relationships.
- Patient-centered care promotes autonomy throughout all stages of dementia. Everyone has the right to make choices and have preferences.

A Dimensional Approach

A dimensional approach looks at each unique need through many lenses. It is our commitment to seek solutions from many angles, through many voices.

Body

Participating in a physical fitness regimen as we age is important for increase agility, balance and flexibility. Our commitment is to provide physical activities that are designed to improve circulation, flexibility, balance, agility. Strength and endurance.

Mind

A whole-body approach to fitness cannot be complete without the exercise of the mind! Events with cognitive support and memory maintenance – designed with our Memory Care residents in mind – may help keep seniors engaged and sharp.

Spirit

Creativity, spirituality, and passionate interests help shape each of us as an individual. We honor our residents' individual interests with a variety of cultural, musical, artistic, and spiritual opportunities.



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